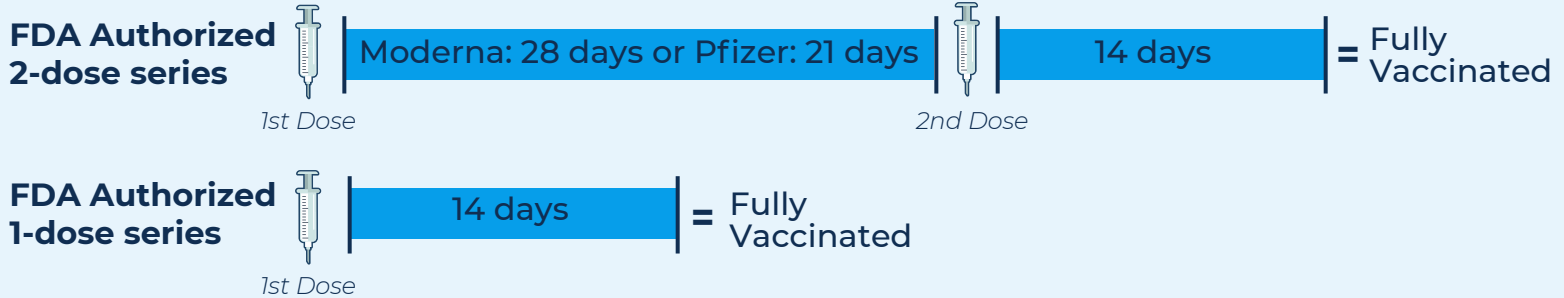


# QUARANTINE GUIDANCE

## For Fully Vaccinated Close Contacts

Current as of November 2021

### Vaccination Timelines



### Quarantine Recommendations

#### Tier 1 - 14 day at home quarantine

Recommended for residents of long term care facilities, adult foster homes, hospitals, residential health care or IDD facilities.

#### Tier 2 - 7 day at home quarantine

Recommended for individuals that have immunosuppressive health conditions or who take chronic immunosuppressive medications, or who are over the age of 75, or who work as non-medical caregivers.

- These individuals are able to return to normal activities (e.g. work, school, etc.) on day 8 after receiving a negative result from a diagnostic COVID-19 test through a laboratory, provider or school (with CLIA waiver); test collection must be done on day 5-7 after exposure.
- Upon returning to normal activities, they must follow strict mask wearing and social distancing practices (e.g. wearing double masks or properly fitted N95s, avoiding crowds, etc.) for the duration of the 14 day period.
- If testing is not done, it is recommended to complete the full 14 day quarantine at home.

#### Tier 3 - No quarantine

Recommended for all other fully vaccinated individuals.

We strongly recommend testing on day 5 through 7 following exposure, regardless of symptoms to help determine breakthrough infections.



*\*\*We are still learning about the risk of SARS-CoV-2 transmission from vaccinated persons to others, so as we continue to learn more we recommend diligent mask wearing and following strict social distancing practices (e.g. wearing double masks or properly fitted N95s, avoiding crowds, etc.) when working and around others during the 14-day period following exposure.*

*\*For any individuals that develop symptoms during the 14-day period following COVID-19 exposure, they should isolate at home and seek out testing.*



COVID Hotline - 541.699.5109  
COVID Reporting Line - 541.322.7418  
[www.deschutes.org/health/page/covid-19-novel-coronavirus](http://www.deschutes.org/health/page/covid-19-novel-coronavirus)