

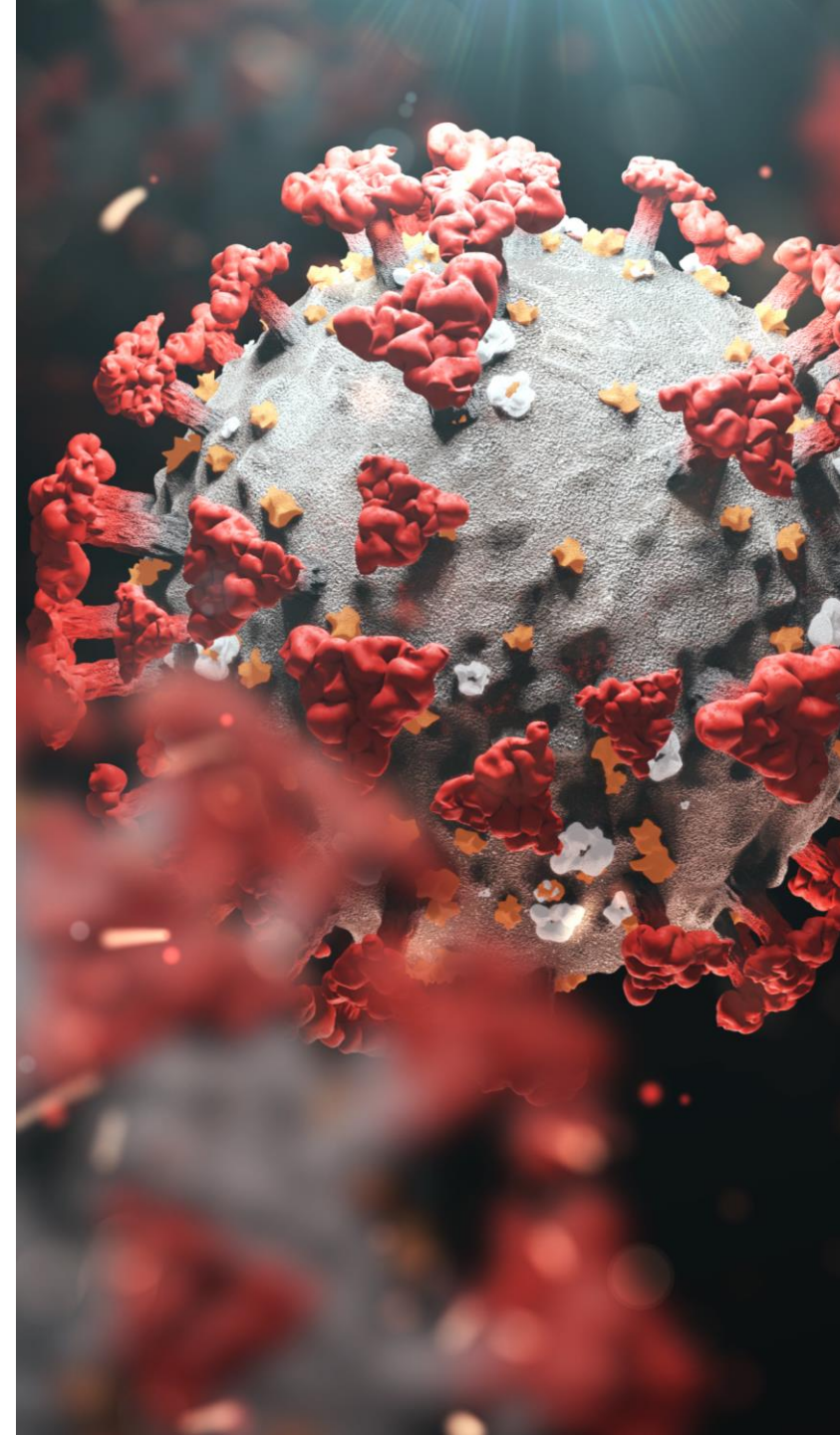
# Safety and efficacy of COVID-19 vaccine

Dr. Cynthia Maree

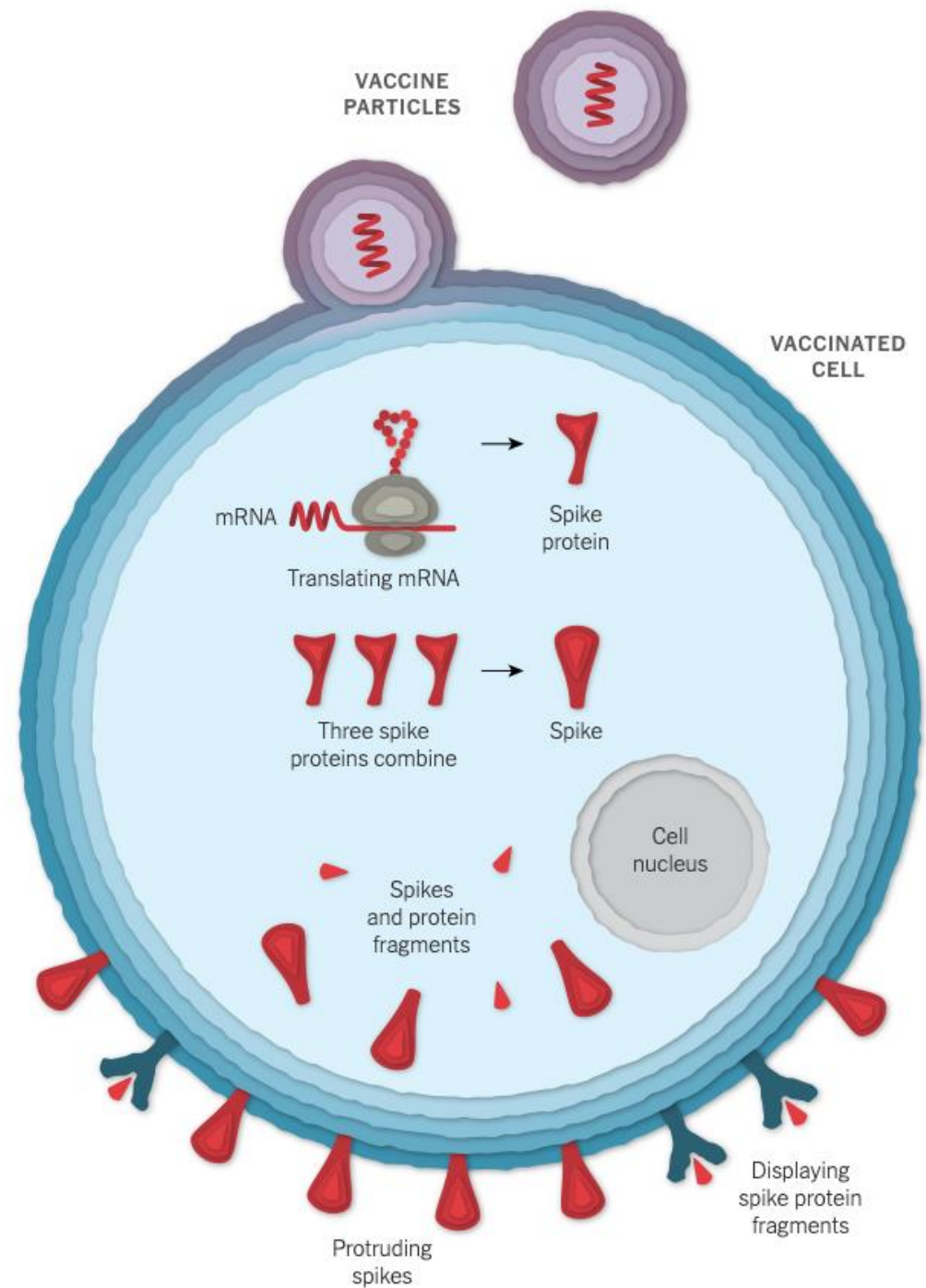
Medical director, infection prevention services and antibiotic stewardship  
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# Messenger RNA (mRNA) Vaccines

- Teach cells how to make a harmless piece of the “spike protein” for SARS-CoV-2.
- Cells display this piece of spike protein on their surface, and an immune response is triggered inside our bodies.
- **DO NOT** use the live virus that causes COVID-19. They **CANNOT** give someone COVID-19.
- **DO NOT** affect or interact with our DNA in any way.



# mRNA Vaccine Mechanism of Action



# How to Quickly Develop a Safe and Effective Vaccine

## 1. Fund the effort

- Readily supported by private and government funding
- US government supported with > \$10 billion

## 2. Parallel Processing

- Trials and manufacturing simultaneously
- Continuous and rapid review of data/safety data by FDA

## 3. Build it based on past knowledge

- Past outbreaks of MERS/SARS identified spike proteins as possible vaccine targets for coronaviruses
- mRNA first tried in 1990s to treat Diabetes Insipidus through production of vasopressin but unstable and effect not lasting

# How to Quickly Develop a Safe and Effective Vaccine

## 4. Make it globally

- Chinese scientist sequenced the genome Jan 2020 and shared
- US, Britain and other countries collaborated more than ever before

## 5. Continue real time safety monitoring

- V-Safe CDC application with real time tracking of symptoms
- Vaccine Adverse Events Reporting System (VAERS)





# How is a vaccine tested?

## Phase 1 20-100 Healthy Volunteers



Researchers try to answer these questions:

- Is this vaccine safe?
- Are there any serious side effects?
- How does the vaccine dose relate to any side effects?
- Is the vaccine causing an immune response?

## Phase 2 Several Hundred Volunteers



Researchers try to answer these questions:

- What are the most common short-term side effects?
- What's the body's immune response?
- Are there signs that the vaccine is protective?

## Phase 3 1000+ Volunteers



Researchers try to answer these questions:

- How do disease rates compare between people who get the vaccine and those who do not?
- How well can the vaccine protect people from disease?

## Phase 4 Vaccine is Approved



Researchers try to answer these questions:

- FDA approves a vaccine only if it's safe, effective, and benefits outweigh the risks.
- Researchers continue to collect data on the vaccine's long-term benefits and side effects.

# Phase III Trials for mRNA Vaccines

## Pfizer/BioNTech

EUA issued 12/13/2020

52% effective after 1<sup>st</sup> dose

95% effective after 2<sup>nd</sup> dose

**43,931** enrolled

**150** clinical sites

**39** U.S. states

### Racial/ethnic distribution

13% - Hispanic, 10% - African American,

6% - Asian, 1% - Native American

45% ages 56-85

## Moderna

EUA issued 12/18/2020

94% effective after 2nd dose

**30,000** enrolled

**89** clinical sites

**32** U.S. states

### Racial/ethnic distribution

20% - Hispanic, 10% - African American/Black

4% - Asian, 3% - All others

64% ages 45 and older, 39% ages 45-64,

25% ages 65+

# Common side effects seen more often after 2nd dose

## Pfizer/BioNTech

(Side effects after second dose in the 16-55 year old group)

- 50.0% - Fatigue
- 33.3% - Headache
- 25.0% - Chills
- 25.0% - Myalgias



## Moderna

(adverse reactions in participants 18 years of age and older)

- 92.0% - Pain at the injection site
- 70.0% - Fatigue
- 64.7% - Headache
- 61.5% - Myalgia
- 46.4% - Arthralgia
- 45.4% - Chills
- 23.0% - Nausea/vomiting
- 19.8% - Axillary swelling/tenderness
- 15.5% - Fever
- 14.7% - Swelling at the injection site
- 10.0% - Erythema at the injection site



# Who Should Get the mRNA Covid-19 Vaccine?

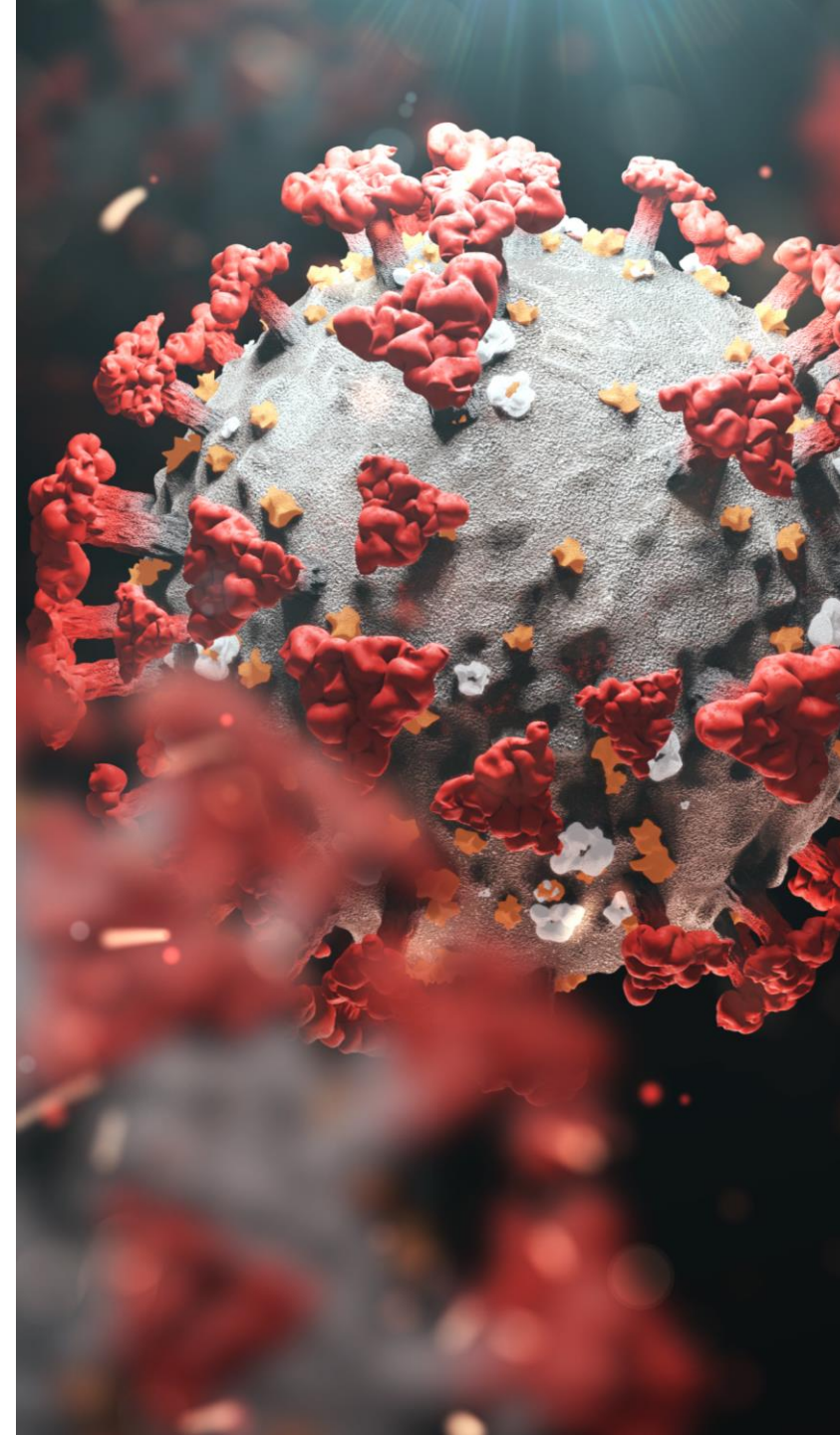
	MAY PROCEED WITH VACCINATION	PRECAUTION TO VACCINATION	CONTRAINDICATION TO VACCINATION
CONDITIONS	<ul style="list-style-type: none"> <li>•<b>CONDITIONS</b> Immunocompromising conditions</li> <li>•Pregnancy</li> <li>•Lactation</li> </ul> <p><b>ACTIONS</b></p> <ul style="list-style-type: none"> <li>•Additional information provided*</li> <li>•15 minute observation period</li> </ul>	<ul style="list-style-type: none"> <li>•<b>CONDITIONS</b> Moderate/severe acute illness</li> </ul> <p><b>ACTIONS</b></p> <ul style="list-style-type: none"> <li>•Risk assessment</li> <li>•Potential deferral of vaccination</li> <li>•15-minute observation period if vaccinated</li> </ul>	<ul style="list-style-type: none"> <li>•<b>CONDITIONS</b> None</li> </ul> <p><b>ACTIONS</b></p> <ul style="list-style-type: none"> <li>•N/A</li> </ul>
ALLERGIES	<p><b>ALLERGIES</b> History of allergies that are unrelated to components of an mRNA COVID-19 vaccine<sup>†</sup>, other vaccines, injectable therapies, or polysorbate, such as:</p> <ul style="list-style-type: none"> <li>•Allergy to oral medications (including the oral equivalent of an injectable medication)</li> <li>•History of food, pet, insect, venom, environmental, latex, etc., allergies</li> <li>•Family history of allergies</li> </ul> <p><b>ACTIONS</b></p> <ul style="list-style-type: none"> <li>•30-minute observation period: Persons with a history of anaphylaxis (due to any cause)</li> <li>•15-minute observation period: All other persons</li> </ul>	<ul style="list-style-type: none"> <li>•<b>ALLERGIES</b> History of any immediate allergic reaction<sup>†</sup> to vaccines or injectable therapies (except those related to component of mRNA COVID-19 vaccines<sup>†</sup> or polysorbate, as these are contraindicated)</li> </ul> <p><b>ACTIONS:</b></p> <ul style="list-style-type: none"> <li>•Risk assessment</li> <li>•Consider deferral of vaccination and/or referral to allergist-immunologist</li> <li>•30-minute observation period if vaccinated</li> </ul>	<p><b>ALLERGIES</b> History of the following are contraindications to receiving either of the mRNA COVID-19 vaccines<sup>†</sup>:</p> <ul style="list-style-type: none"> <li>•Severe allergic reaction (e.g., anaphylaxis) after a previous dose of an mRNA COVID-19 vaccine or any of its components</li> <li>•Immediate allergic reaction<sup>‡</sup> of any severity to a previous dose of an mRNA COVID-19 vaccine or any of its components<sup>^</sup> (including polyethylene glycol)<sup>#</sup></li> <li>•Immediate allergic reaction of any severity to polysorbate<sup>^#</sup></li> </ul> <p><b>ACTIONS</b></p> <ul style="list-style-type: none"> <li>•Do not vaccinate<sup>#</sup></li> <li>•Consider referral to allergist-immunologist</li> </ul>

# Ingredients included in Pfizer-BioNTech and Moderna mRNA COVID-19 vaccines

Description	Pfizer-BioNTech COVID-19 vaccine	Moderna COVID-19 vaccine
mRNA	Nucleoside-modified mRNA encoding the viral spike (S) glycoprotein of SARS-CoV-2	Nucleoside-modified mRNA encoding the viral spike (S) glycoprotein of SARS-CoV-2
Lipids	2[(polyethylene glycol)-2000]-N,N-ditetradecylacetamide	PEG2000-DMG: 1,2-dimyristoyl-rac-glycerol, methoxypolyethylene glycol
	1,2-distearoyl-sn-glycero-3-phosphocholine	1,2-distearoyl-sn-glycero-3-phosphocholine
	Cholesterol	Cholesterol
	(4-hydroxybutyl)azanediyl)bis(hexane-6,1-diyl)bis(2-hexyldecanoate)	SM-102: heptadecan-9-yl 8-((2-hydroxyethyl) (6-oxo-6-(undecyloxy) hexyl) amino) octanoate
Salts, sugars, buffers	Potassium chloride	Tromethamine
	Monobasic potassium phosphate	Tromethamine hydrochloride
	Sodium chloride	Acetic acid
	Dibasic sodium phosphate dihydrate	Sodium acetate
	Sucrose	Sucrose

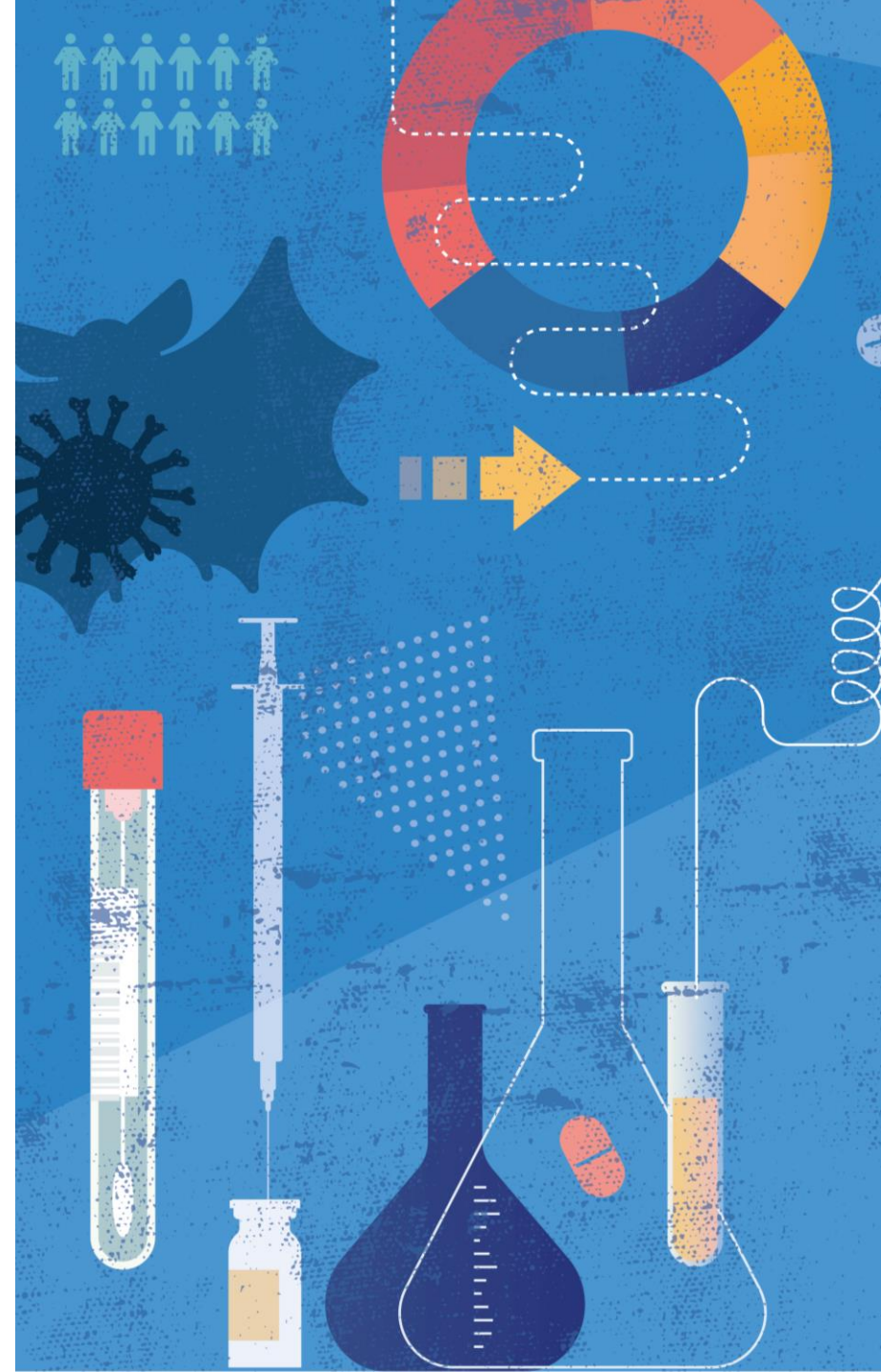
# Challenges to distribution

- Limited unpredictable allocations
- Storage challenges to achieve no doses wasted:
  - Pfizer ultra-cold storage -80 C to -60 C, refrigerator 5 days, once diluted 6 hours
  - Moderna freezer storage -21 C to -15 C, refrigerator 30 days, once diluted 6 hours
- **2 Doses required 21 days and 28 days with return visits**
- **High costs of vaccine**



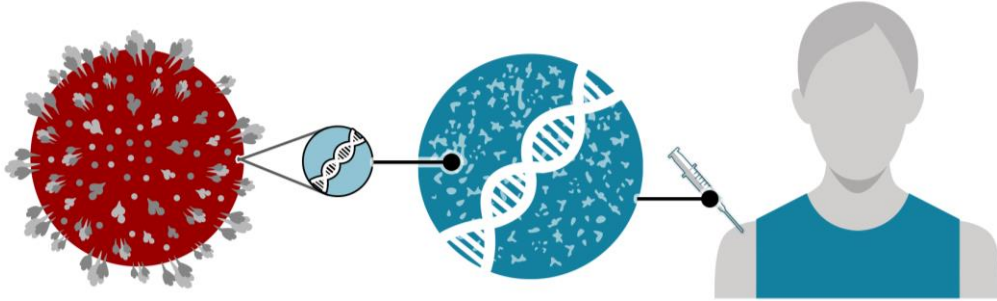
# Next up: Oxford-AstraZeneca/J&J

- Easier to mass-produce
- Available at a much cheaper price of around \$4
- The vaccine can be stored, transported and handled for at least six months at 35-46F degrees
- Average efficacy of 62%, but may improve with different dosing strategies (based on current data)
- Two doses required at a 12 weeks interval, or single dose
- Awaiting approval in US still sometime in early April with 29,000 participant phase III trial underway

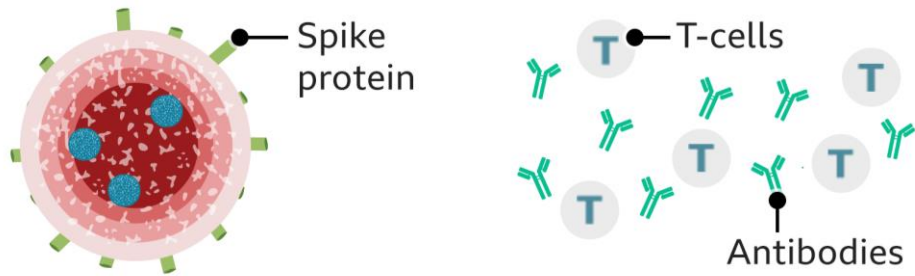




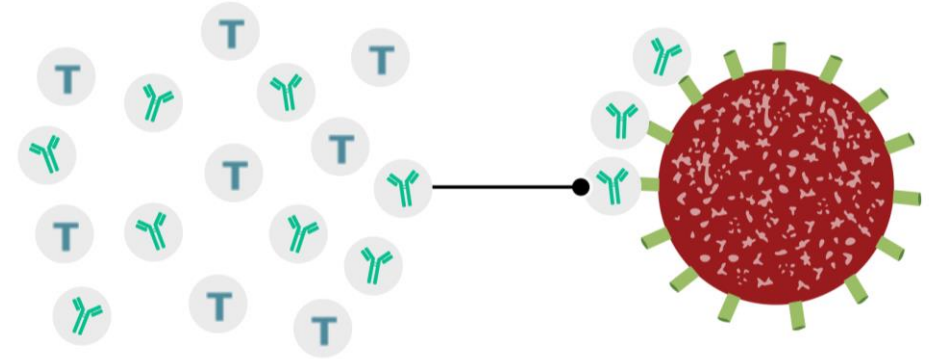
- 1 Scientists take genes for the spike protein on the surface of the coronavirus and put them into a harmless virus to make a vaccine
- This is injected into the patient



- 2 The vaccine enters cells which then start to produce the spike protein
- The body's immune system reacts, produces antibodies and activates T-cells to destroy cells with the spike protein



- 3 If the patient later catches coronavirus, antibodies and T-cells are triggered to fight the virus

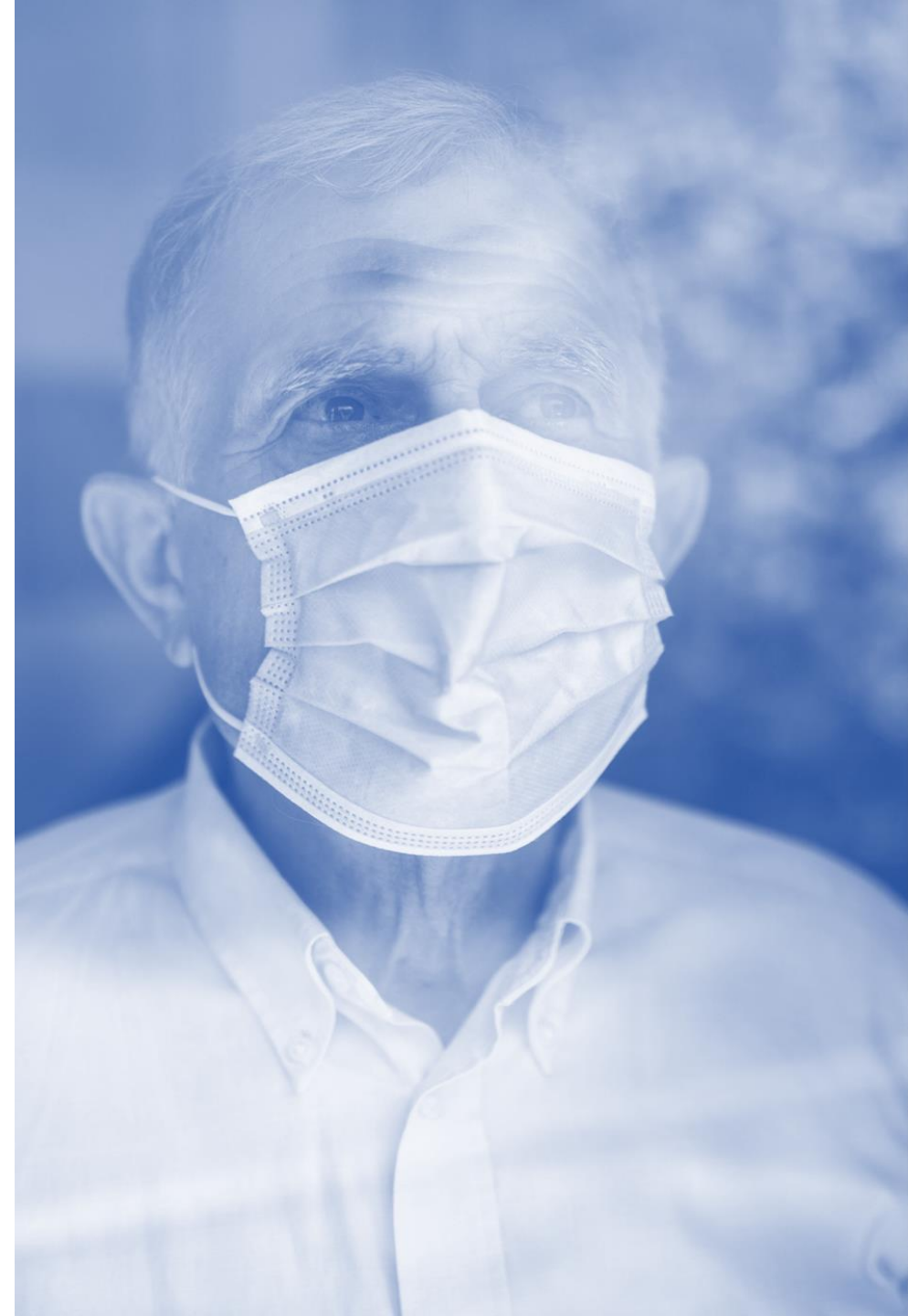


Source: Nature



# New COVID-19 strain variant B.1.1.7

- Likely in low level since September in US
- Prior strain sequencing not routine in US but identified in Britain
- Could be as much as 50% more transmissible with unclear mechanism
- May have some evidence of increased severity of illness
- Two deletions on spike protein that is a target of vaccine with some suggestion there may be some modest reduction in efficacy in vaccine



## Phase 1A Started on December 12, 2020

**Everyone in Phase 1A, Groups 1,2,3 and 4 are currently eligible for the vaccine.**

### Group 1

- Hospital staff with patient care responsibilities
- Urgent care
- Skilled nursing and memory care facility healthcare personnel (HCP) and residents
- Tribal health programs
- Emergency medical services (EMS) providers and other first responders
- All health care interpreters and traditional health workers in any setting within Phase 1a

### Group 2

- Other long-term care facilities, including all paid and unpaid HCP, all staff and contractors, including residents who meet the age requirements of:
  - » Residential care facilities
  - » Adult foster care
  - » Group homes for people with intellectual and developmental disabilities
  - » Other similar congregate care sites
- Hospice programs
- Mobile crisis care and related services
- Individuals working in a correctional setting

- Adults and youth in custody 16 years and older

### Group 3

- HCPs in outpatient settings serving specific high-risk groups
- Day treatment services
- Non-emergency medical transport (NEMT)
- Paid or unpaid caregivers (including parents or foster parents) of medically fragile children or adults who live at home
- Adults and age-eligible children who have a medical condition or disability who receive services in their homes

### Group 4

- All other outpatient HCPs
- Other HCP who provide direct service to people with I/DD and other high-risk populations.
- Other public health settings, such as HCP serving WIC, or CBO's with direct or indirect exposures

People eligible:  
**400,000** approximately

## Phase 1B Started on January 25, 2021

**Oregon's vaccine supply is limited. It is estimated to take until early April 2021 to administer first doses to everyone who is likely to want a vaccine in Groups 1-5 of Phase 1B.**

### Group 1

- Childcare providers, early learning and K-12 educators and staff  
**Eligible week of January 25, 2021**

### Group 2

- People 80 and older  
**Eligible February 8, 2021**

### Group 3

- People 75 and older  
**Eligible February 15, 2021**

### Group 4

- People 70 and older  
**Eligible February 22, 2021**

### Group 5

- People 65 and older  
**Eligible March 1, 2021**

Educators:  
**152,000** approximately  
People over 65:  
**795,000** approximately

## Beyond Date TBD

**Subsequent groups will be determined in coordination with the Vaccine Advisory Committee and shared on OHA's COVID-19 vaccine web page. These are examples of groups of people who may included:**

- Critical workers in high-risk settings — workers who are in industries essential to the functioning of society and substantially higher risk of exposure
- People of all ages with underlying conditions that put them at moderately higher risk
- General population



**DON'T  
HESITATE.  
JUST  
VACCINATE.**